

Reiki to you

Newsletter Jan 2012



Hello 2012...

Every person has a gift, what is your gift? We want to see people living their passion, doing what they love, living their dream or sharing their innate gifts. 2012 is the year for you to make this big shift and we can help you. Discover your gifts and realise the future you want.

Next Reiki courses

Reiki Level 1
Saturday 21 January or
Sunday 19 February

Reiki Level 2
Saturday 21 January, 3pm or
Sunday 19 February, 2pm

Reiki Level 3a
Monday 30 January

Seichim Course
Friday 20 January, 9am or 2pm
For more course dates or if you prefer one on one training please contact us.

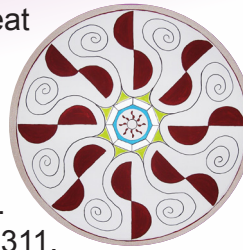
Reiki Share Night - for Reiki students

Monday 23 January, 7 - 9pm
Cost \$5

Look forward to seeing you all. Please book and let us know if you need picking up from Caboolture train station or Caboolture, Morayfield area.

Mandala colouring workshop - for big & little kids

Monday 16 January, 10am.
A Mandala is a great meditation tool, finding inner peace, feeling centred and focused. Cost \$10.
Contact 0407 253 311.



Pain & Stress Relief Party

Do you suffer from pain? Would you like know more about tools that can help with pain and stress? Book a Pain Relief Party call Elfie on 0407 253 311 or visit our website find out more.

Massage Therapy

Massage therapy at 68 Flowers Rd and also available at Brisbane Coorparoo Gym. Contact Ryan on 0432 833 943 to book a massage session.

Events planned for 2012...

- Kryslantium Healing course
- Women's 3 day retreat
- New acoustic therapy
- Monthly healing share time (*starting in February, share the healing & your gifts, show and tell*)
- Scenar training session: Beauty treatments with scenar
- Free initial consultation with Elfie
- Monthly healing drumming with Carl

To keep up with what's on, view our newsletter at:
http://www.reikitoyou.com.au/newsletter_18.html or 'like' us on www.facebook.com/reiki2u

Contact us if you have any questions or feedback and don't forget to check out our ads in the current issue of Living Now Magazine visit www.livingnow.com.au

From Elfie & the team at www.reikitoyou.com.au

I will be presenting my Kryslantium healing meditation with my crystal singing bowls and drum as a guest facilitator for KISS Principle Weekly Mindfulness and Meditation Group on Tuesday 24 Jan 10-11.30am at Masonic Hall Dux Street. Visit www.KISSPrinciple.com.au/meditation-mindfulness/meditation-caboolture for more information.

'Happy Ears'
ear candles
100% beeswax only \$8

**Gift vouchers for Reiki
treatments available
starting at \$40**

Reiki to you is a proud sponsor of Cerebral Palsy League of Qld and CHIA Childrens hope in action



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